

Massey Ferguson R. C. 2019 Age-Graded Race Table - Men

* Road ranking is based on your best time in 6 distances, on each of which you can score up 250 points.

* Total Score is the sum of your best 4 distances.

If a tie after best 4 distances, then compare 5th distance, where any score beats no score, and if still a tie, repeat at 6th distance.

* Your age-based times are calculated from your actual times modified by an age and distance-based factor from the international WAVA (World Association of Veteran Athletes) 2015 table.

Name	Total Score*	Actual Time	Graded Time	SK Pts	SK Event	Actual Time	Graded Time	5 mile Pts	5 mile Event	Actual Time	Graded Time	10K Pts	10K Event	Actual Time	Graded Time	10 Mile Pts	10 Mile Event	Actual Time	Graded Time	1/2 Marathon Pts	1/2 Marathon Event	Actual Time	Graded Time	Marathon Pts	Marathon Event
1 Dean Clarke	996	0:17:33	0:17:30	240	Coventry parkrun	0:28:57	0:28:56	247	Sphinx	0:36:34	0:36:34	241	MF Tractor	1:00:15	1:00:15	250	Rugby	1:17:43	1:17:43	249	Rugby	2:57:11	2:57:11	250	Manchester
2 Dave Lee	980	0:20:49	0:17:37	237	Coventry parkrun	0:33:47	0:28:42	248	Sphinx	0:42:03	0:35:48	245	Kingsbury Classic					1:30:30	1:17:32	250	Coventry				
2 Kevin Hinson	980	0:20:23	0:17:14	244	Monty	0:33:42	0:28:35	249	Sphinx	0:42:19	0:35:59	244	Leamington					1:36:53	1:22:53	243	Coventry				
4 Mark Blaszczyzyn	972	0:18:55	0:17:41	235	Monty	0:31:21	0:29:38	242	Sphinx	0:38:59	0:37:03	239	Two Castles					1:26:18	1:22:50	244	Kenilworth	3:21:03	3:12:57	247	Chester
5 Alan McDougall	965	0:19:57	0:17:58	229	Stratford-upon-Avon parkrun	0:37:19	0:33:53	229	Sphinx	0:43:31	0:39:42	230	MF Tractor	1:13:29	1:07:24	245	Rugby	1:32:21	1:24:58	241	Warwick	3:21:06	3:05:01	249	Yorkshire
6 Jeremy Smith	962	0:20:34	0:17:35	239	Coventry parkrun	0:34:28	0:29:35	243	Ryton	0:44:34	0:38:22	235	Draycote Jan					1:34:13	1:21:38	245	Coventry				
6 Tom Watts	962	0:18:18	0:18:14	225	Monty	0:33:19	0:33:18	231	Centurion Race 5	0:39:41	0:38:41	231	Northbrook	1:03:59	1:03:59	248	Draycote Sept	1:26:26	1:26:26	237	Kenilworth	3:16:38	3:16:38	246	Barnstaple
8 Sean Emson	960	0:17:55	0:17:53	231	Stratford-upon-Avon parkrun	0:30:43	0:30:43	239	Ryton	0:38:36	0:38:36	234	Two Castles					1:26:12	1:26:12	239	Coventry	3:11:47	3:11:47	248	Manchester
9 Steve Mumford	956	0:22:00	0:18:17	224	Coventry parkrun	0:36:56	0:30:46	238	Sneyd Pudding	0:46:15	0:38:36	233	Draycote June	1:17:10	1:04:38	247	Draycote Apr	1:42:46	1:26:15	238	Warwick				
10 Alex Cotterill	955	0:17:57	0:17:48	232	Coventry parkrun	0:30:17	0:30:11	240	Sphinx	0:38:06	0:38:02	237	MF Tractor					1:21:18	1:21:17	246	Coventry				
11 Mark Ursell	948	0:19:27	0:18:06	227	Corporate 5	0:33:30	0:31:31	236	Sphinx	0:44:04	0:41:41	225	Two Castles					1:29:03	1:25:03	240	Coventry	3:31:18	3:21:49	245	Barnstaple
12 Richard Pearce	944	0:23:40	0:18:11	226	Coventry parkrun	0:41:13	0:31:33	235	Sphinx	0:50:49	0:38:51	232	Stafford	1:26:43	1:06:24	246	Rugby	1:59:56	1:31:56	231	Coventry				
13 Ian O'Donnell	934	0:21:31	0:20:01	204	Stratford-upon-Avon parkrun	0:36:03	0:33:53	228	Battersea Park	0:45:41	0:43:11	222	MF Tractor	1:20:06	1:16:10	240	Lee Valley	1:42:50	1:38:09	219	Coventry	3:34:19	3:24:33	244	Stratford
14 Leon Coppola	927	0:21:08	0:18:41	217	Corporate 5					0:42:36	0:38:05	236	MF Tractor	1:54:56	1:43:16	232	Bromsgrove	1:33:05	1:23:53	242	Coventry				
15 Peter Paprcka	920	0:21:58	0:20:39	197	Brueton parkrun	0:35:39	0:33:53	230	Sphinx	0:45:35	0:43:34	220	Kingsbury Classic	1:14:07	1:11:17	244	Rugby	1:39:09	1:35:41	226	Kenilworth				
16 Simon Neale	912	0:19:03	0:18:44	215	Warwick Racecourse parkrun	0:38:21	0:38:00	214	Sphinx	0:38:53	0:36:39	240	Leamington					1:32:54	1:32:53	229	London Landmarks	3:29:18	3:28:42	243	London
17 Andrew Rollins	909	0:21:10	0:21:00	194	Coventry parkrun	0:34:57	0:34:51	225	Sphinx	0:44:49	0:44:45	214	MF Tractor					1:44:26	1:44:26	209	Kenilworth	3:30:40	3:30:38	241	Manchester
18 Sam Lowe	909	0:20:18	0:20:18	200	Coventry parkrun	0:34:52	0:34:52	224	Sphinx	0:44:02	0:44:02	218	Silverstone	1:15:56	1:15:56	241	Cathedral to Castle	1:42:37	1:36:14	223	Coventry	4:26:01	4:26:01	226	New York
19 Graham Tait	906	0:21:29	0:19:41	207	Corporate 5	0:36:52	0:34:05	227	Sphinx	0:48:16	0:44:51	213	MF Tractor	1:17:09	1:12:06	243	Rugeley	1:42:37	1:36:14	223	Coventry				
20 Phillip Hayes	904	0:21:59	0:21:37	190	Bedworth parkrun	0:36:08	0:35:48	220	Sphinx	0:46:18	0:46:01	208	Nottingham	1:17:12	1:16:54	239	Gt South Run	1:43:43	1:43:25	213	Coventry	3:55:25	3:54:44	232	Liverpool Rock n Roll
21 Chris Foxall	894	0:21:04	0:19:01	213	Kingsbury Water parkrun	0:36:24	0:33:08	232	Ryton	0:47:01	0:43:00	224	Northbrook					1:48:14	1:43:58	212	Liverpool Rock n Roll	4:51:34	4:28:58	225	Milton Keynes
22 Philip McCarron	893	0:21:54	0:21:53	187	Coventry parkrun	0:37:05	0:37:05	217	Sphinx	0:46:37	0:46:37	206	Northbrook	1:17:13	1:17:13	238	Gt South Run	1:46:39	1:46:39	207	Kenilworth	3:58:18	3:58:18	231	Liverpool Rock n Roll
23 James Padvis	890	0:23:26	0:21:14	193	Coventry parkrun	0:40:40	0:37:10	216	Sphinx	0:48:24	0:44:27	217	Two Castles	1:26:43	1:20:04	237	Derby	1:53:13	1:44:53	208	Rugby	5:09:24	4:46:39	220	Milton Keynes
24 Paul Curtis	887	0:22:12	0:20:46	196	Monty	0:37:25	0:35:23	221	Sphinx	0:47:18	0:45:00	212	Bedford Twilight	1:19:03	1:15:39	242	Cathedral to Castle	1:48:14	1:43:58	212	Liverpool Rock n Roll				
25 Brian Boyle	877	0:22:14	0:20:18	201	Warwick Racecourse parkrun					0:48:10	0:44:36	216	Balsall Common					1:42:32	1:35:47	225	Llanelli	3:57:43	3:42:04	235	Berlin
26 Dave Phillips	873	0:36:18	0:25:11	166	Leamington parkrun	0:57:47	0:39:55	212	Sphinx	1:15:38	0:52:12	193	Leamington	2:13:51	1:32:41	234	Brecon	2:48:46	1:57:05	199	Coventry	6:08:40	4:15:47	228	London
27 Richard Shortall	871	0:23:36	0:20:49	195	Corporate 5	0:38:52	0:34:31	226	Sphinx	0:48:22	0:43:07	223	Northbrook					1:46:03	1:35:16	227	Coventry				
28 John Bennett	865	0:28:11	0:24:40	169	Daventry parkrun	0:47:49	0:42:06	210	Ryton	1:00:29	0:53:27	190	Two Castles	1:38:55	1:27:49	235	Rugby	2:13:05	1:58:29	198	Kenilworth	5:19:20	4:44:18	222	Stratford
29 Dave Goodwin	864	0:25:52	0:23:57	172	Coventry parkrun	0:49:30	0:46:17	206	Ryton	0:53:08	0:49:58	199	Northbrook	1:41:30	1:36:00	233	Rugby	1:57:38	1:51:39	202	Great North Run	4:49:21	4:34:39	223	Manchester
30 Paul Mattock	863	0:20:49	0:20:06	203	Coventry parkrun	0:36:52	0:36:00	219	Ryton									1:51:45	1:50:18	205	Kenilworth	3:44:35	3:41:41	236	London
31 Joe Reynolds	854	0:27:14	0:20:20	199	Coventry parkrun					1:02:51	0:46:38	205	Two Castles	2:09:44	1:36:27	221	Stafford	2:09:44	1:36:27	221	Stafford	5:28:39	4:04:19	229	Big Sur, California
32 Delroy Taylor	850	0:22:42	0:21:16	192	Leicester City					0:46:55	0:44:41	215	Shenstone	1:48:28	1:44:19	210	Kenilworth	1:48:28	1:44:19	210	Kenilworth	3:59:22	3:50:13	233	Milton Keynes
33 Steve Damms	844	0:25:33	0:22:31	182	Yeovil parkrun					0:51:15	0:45:39	209	Two Castles	1:54:57	1:43:11	214	Lanzarote	1:54:57	1:43:11	214	Lanzarote	4:04:25	3:39:24	239	Chester
34 Simon Trenchard	833	0:22:05	0:20:36	198	Warwick Racecourse parkrun	0:39:31	0:37:16	215	Sphinx	0:51:00	0:48:22	202	Kenilworth Mayday					1:43:29	1:39:07	218	Rugby				
35 David McKay	813	0:31:13	0:23:54	173	The Wammy parkrun					1:05:07	0:49:34	200	Mickleover	1:52:56	1:26:05	236	Derby	2:25:14	1:50:49	204	Kenilworth				
36 Darren Chambers	807	0:24:40	0:22:07	186	Warwick Racecourse parkrun					0:57:03	0:51:46	194	MF Tractor					2:01:14	1:50:56	203	Kenilworth	4:58:56	4:33:32	224	London
37 Jason Douglas	803	0:24:59	0:23:19	177	Corporate 5					1:02:15	0:59:04	182	Northbrook	2:20:24	2:14:30	187	Bedford	2:20:24	2:14:30	187	Bedford	4:57:47	4:45:17	221	Chicago
38 Michael Hammond	761	0:28:52	0:24:25	170	Coventry parkrun	1:05:19	0:55:36	187	MF Tractor	1:05:19	0:55:36	187	MF Tractor	2:37:13	2:14:38	186	Leamington Spa	2:37:13	2:14:38	186	Leamington Spa	6:52:45	5:53:29	218	Auckland
39 Simon Smith	761	0:27:29	0:25:36	164	Corporate 5					0:59:53	0:56:42	183	MF Tractor	2:09:07	2:03:27	195	Derby	2:09:07	2:03:27	195	Derby	5:01:37	4:48:22	219	Midnight Sun
40 Steven White	760	0:27:26	0:25:32	165	Coventry parkrun	0:45:12	0:42:31	209	Action Heart Dudley	0:55:20	0:52:21	192	Leamington	2:09:49	2:04:00	194	Coventry	2:09:49	2:04:00	194	Coventry				
41 Scott Hazell	750	0:16:22	0:15:34	250	Rita & Robbie	0:27:59	0:26:57	250	Ryton	0:33:51	0:32:47	250	Vitality London												
42 Ian Cameron	748	0:29:55	0:25:43	162	Corporate 5	0:51:55	0:44:50	208	Sphinx	0:59:26	0:51:29	195	Head Torch (Jan)					3:27:32	3:01:00	183	Cannock Chase				
43 Martin Grant	738	0:22:01	0:16:54	246	Coventry parkrun	0:38:07	0:29:07	244	Sphinx									1:43:21	1:19:05	248	Coventry				
44 Dave Adams	737	0:29:53	0:26:12	161	Coventry parkrun	0:52:15	0:46:05	207	Sphinx	1:06:45	0:59:06	181	MF Tractor	2:29:44	2:13:34	188	Coventry	2:29:44	2:13:34	188	Coventry				
45 Martin Smith	725	0:22:58	0:17:39	236	Coventry parkrun	0:37:55	0:29:01	246	Sphinx	0:47:19	0:36:11	243	Stratford Big					1							

