

Messey Fergusson R.C. 2019 Women's Race Table

* Road ranking is based on your best time in 6 distances, on each of which you can score up 250 points.
 ** Total Score is the sum of your best 4 distances

* Fa after best 4 distances, then compare 5th distance, where any score beats no score, and if still a se, repeat at 6th distance.
 If still a se then compare total time of common distances is taken.

| Place | Name | Total Score* | 5K | | | 5 mile | | | 10K | | | 10 Mile | | | 1/2 Marathon | | | Marathon | | |
|-------|-------------------------|--------------|---------|-----|-----------------------------|---------|-----|---------------------|---------|------------------------|---------------------|---------|--------------|--------------|------------------|----------------|------------|---------------|------------|---------------|
| | | | Time | Pts | Place | Time | Pts | Place | Time | Pts | Place | Time | Pts | Place | Time | Pts | Place | Time | Pts | Place |
| 1 | Cathy McKeown | 984 | 0:24:01 | 247 | Bedworth parkrun | | | 0:52:25 | 243 | MF Tractor | | | 1:47:59 | 249 | Coventry | 4:04:01 | 249 | Paris | | |
| 2 | Emma White | 984 | 0:25:52 | 242 | Bedworth parkrun | 0:39:55 | 248 | Action Heart Dudley | 0:48:51 | 247 | Leamington | | | 1:50:38 | 247 | Coventry | 5:00:27 | 247 | Manchester | |
| 3 | Nikki Carter | 981 | 0:26:09 | 239 | Bedworth parkrun | 0:43:27 | 247 | Centurion Race 3 | 0:54:58 | 239 | Draycote Mar | 1:31:46 | 248 | Draycote Apr | 2:00:38 | 238 | Coventry | 4:38:44 | 247 | Milton Keynes |
| 4 | Julia Minter | 978 | 0:25:56 | 240 | Coventry parkrun | | | 0:49:42 | 245 | Leamington | | | 1:52:59 | 245 | Coventry | 4:04:03 | 248 | Milton Keynes | | |
| 5 | Rachel Key | 967 | 0:26:47 | 236 | Stathells Upton & Sheffield | 0:43:32 | 246 | Centurion Race 3 | 0:50:21 | 237 | Head Torch | 1:27:52 | 240 | Staverton | 1:58:51 | 241 | Mickleover | | | |
| 6 | Rachel Hogg | 962 | 0:26:43 | 237 | Arnos Valley parkrun | | | 0:55:36 | 236 | Draycote Jan | 1:32:26 | 247 | Staverton | 2:05:02 | 242 | Coventry | | | | |
| 7 | Rachel Hogg | 951 | 0:27:34 | 227 | Leamington parkrun | | | 0:54:03 | 240 | MF Tractor | 1:27:19 | 250 | Draycote Apr | 1:54:16 | 244 | Stratford | | | | |
| 8 | Wendy Karam | 937 | 0:27:21 | 232 | Stratford | | | 0:55:50 | 233 | MF Tractor | | | 2:14:50 | 226 | Stratford | 4:51:31 | 246 | Milton Keynes | | |
| 9 | Sonia Forastal | 927 | 0:27:07 | 235 | Isabel Trail parkrun | 0:46:56 | 244 | Centurion Race 4 | 1:00:44 | 221 | MF Tractor | | | 2:13:28 | 227 | Mickleover | | | | |
| 10 | Sarah Jones | 925 | 0:28:55 | 215 | Coventry parkrun | | | 0:57:47 | 229 | Leamington | 1:37:32 | 246 | Ashbourne | 2:06:16 | 235 | Coventry | | | | |
| 11 | Allison Lowe | 916 | 0:29:15 | 212 | Coventry parkrun | | | 1:02:02 | 214 | Draycote Jan | 1:38:23 | 245 | Draycote Apr | 2:22:25 | 208 | Leicestershire | 4:55:21 | 245 | London | |
| 12 | Claire Newman | 895 | 0:30:14 | 205 | Leicester Victoria parkrun | | | 1:02:49 | 212 | Draycote Jan | 1:54:35 | 236 | Draycote Apr | 2:27:24 | 199 | Coventry | 5:28:59 | 242 | London | |
| 13 | Katie Kingston | 895 | 0:27:40 | 225 | Hastings parkrun | | | 0:59:42 | 224 | Leamington | 1:39:37 | 244 | Rhyl | 2:25:12 | 202 | Droitwich | | | | |
| 14 | Becky James | 828 | 0:30:08 | 206 | Eden Project parkrun | | | 1:11:05 | 182 | Draycote Jan | 1:51:55 | 241 | Rhyl | 2:25:10 | 203 | Droitwich | | | | |
| 15 | Lorraine Harris | 876 | 0:34:37 | 170 | Coventry parkrun | 0:59:09 | 243 | Canmook | 1:07:41 | 200 | Leamington | 1:56:27 | 235 | Ashbourne | 2:28:42 | 198 | Coventry | 5:52:59 | 244 | Manchester |
| 16 | Anna-Marie Goodwin | 871 | 0:32:45 | 209 | Marketon parkrun | | | 1:05:26 | 207 | Draycote Feb | | | 2:21:53 | 211 | Milton Keynes | | | | | |
| 17 | Nicola Hunt | 870 | 0:30:54 | 201 | Coventry parkrun | | | 1:01:34 | 217 | MF Tractor | 1:52:20 | 240 | Draycote Apr | 2:20:49 | 212 | Stratford | | | | |
| 18 | Lesley Kelghay | 845 | 0:31:26 | 193 | Coventry parkrun | | | 1:08:19 | 197 | MF Tractor | 1:43:19 | 242 | Draycote Apr | 2:19:32 | 213 | Coventry | | | | |
| 19 | Emma King | 828 | 0:32:48 | 184 | Leicester Victoria parkrun | | | 1:04:48 | 210 | Head Torch (Feb) | 1:54:04 | 238 | Draycote Apr | 2:29:23 | 196 | Coventry | | | | |
| 20 | Cal Oddy | 806 | 0:32:19 | 187 | Isabel Trail parkrun | | | 1:09:38 | 191 | MF Tractor | 1:54:10 | 237 | Draycote Apr | 2:34:21 | 191 | Coventry | | | | |
| 21 | Jane Bates | 787 | 0:33:49 | 175 | Coventry parkrun | | | 1:10:31 | 186 | Leamington | 2:03:31 | 234 | Draycote Apr | 2:33:50 | 192 | Stratford | | | | |
| 22 | Jo Pincus | 775 | 0:33:35 | 179 | Coventry parkrun | | | 1:11:03 | 184 | MF Tractor | 2:03:36 | 233 | Draycote Apr | 2:42:36 | 184 | Stratford | | | | |
| 23 | Samantha Panton(Haines) | 755 | 0:36:01 | 168 | Coventry parkrun | | | 1:14:52 | 174 | Leamington | 2:10:45 | 232 | Maldenhead | 2:51:08 | 181 | Coventry | | | | |
| 24 | Maria Edwards | 748 | 0:32:26 | 188 | Coventry parkrun | 0:33:23 | 250 | Centurion Race 4 | 0:44:19 | 250 | Tempo Winter Race 4 | | | | | | | | | |
| 25 | Zoe Moore | 747 | 0:22:43 | 248 | Bedworth parkrun | | | 0:45:37 | 248 | Leamington | | | 1:41:17 | 250 | Coventry | | | | | |
| 26 | Helen Rowe | 740 | 0:37:38 | 162 | Bedworth parkrun | | | 1:19:51 | 171 | Head Torch (Feb) | 2:20:47 | 231 | Ashbourne | 3:09:50 | 176 | Coventry | | | | |
| 27 | Alanna O'Hare | 733 | 0:25:44 | 242 | Coventry parkrun | | | 0:52:41 | 241 | MF Tractor | | | 1:49:21 | 248 | Coventry | | | | | |
| 28 | Lizzie Watts | 729 | 0:24:51 | 246 | Coventry parkrun | | | 0:52:01 | 244 | Draycote Mar | | | 2:00:03 | 239 | Coventry | | | | | |
| 29 | Nicola Chambers | 725 | 0:42:41 | 147 | Brueton parkrun | | | 1:44:25 | 163 | Winter Holly Challenge | | | 3:05:15 | 178 | Carsington Water | 6:50:06 | 237 | London | | |
| 30 | Christina Sempie | 717 | 0:26:38 | 228 | Bedworth parkrun | | | 0:55:36 | 236 | MF Tractor | | | 1:54:34 | 243 | Coventry | | | | | |
| 31 | Claire McCreedy | 706 | 0:25:54 | 241 | Coventry parkrun | | | 0:55:55 | 232 | Leamington | | | 2:26:53 | 233 | Coventry | | | | | |
| 32 | Fatima Ali | 699 | 0:26:19 | 230 | Coventry parkrun | 0:44:49 | 245 | Action Heart Dudley | | | | | 2:06:24 | 234 | Coventry | | | | | |
| 33 | Kim Davies | 698 | 0:27:46 | 224 | Coventry parkrun | | | 0:55:08 | 238 | MF Tractor | | | 2:02:04 | 236 | Stratford | | | | | |
| 34 | Joanna Kisilala | 684 | 0:27:39 | 226 | Katewale parkrun | | | 0:58:26 | 227 | Draycote Jan | | | 2:09:12 | 231 | Coventry | | | | | |
| 35 | Angela McKay | 681 | 0:27:25 | 231 | Coventry parkrun | | | 1:00:42 | 222 | MF Tractor | | | 2:13:04 | 228 | Mickleover | | | | | |
| 36 | Fiona Ball | 673 | 0:29:39 | 210 | Coventry parkrun | | | 0:55:42 | 234 | Leamington | | | 2:12:24 | 229 | Warwick | | | | | |
| 37 | Johanna Hayes | 662 | 0:28:37 | 217 | Coventry parkrun | | | 1:00:53 | 220 | MF Tractor | | | 2:15:08 | 225 | Coventry | | | | | |
| 38 | Mary Conway | 656 | 0:29:14 | 213 | York parkrun | | | 1:07:15 | 202 | Draycote Jan | | | | | | 5:31:35 | 241 | Stratford | | |
| 39 | Jul Waterfield | 655 | 0:26:19 | 223 | Coventry parkrun | | | 1:00:39 | 223 | MF Tractor | | | 2:22:00 | 210 | Coventry | | | | | |
| 40 | Rachel Harrington | 651 | 0:28:20 | 216 | Bedworth parkrun | | | 0:58:41 | 226 | London Winter Run | | | 2:23:37 | 206 | Coventry | | | | | |
| 41 | Nicola Glaze | 648 | 0:29:00 | 214 | Coventry parkrun | | | 1:01:58 | 216 | Draycote Jan | | | 2:18:03 | 218 | Stratford | | | | | |
| 42 | Debbie Davis | 643 | 0:29:36 | 211 | Coventry parkrun | | | 1:02:20 | 213 | MF Tractor | | | 2:17:58 | 219 | Coventry | | | | | |
| 43 | Mo Smith | 641 | 0:27:08 | 234 | Coventry parkrun | | | 1:09:13 | 193 | Leamington | | | 2:19:09 | 214 | Coventry | | | | | |
| 44 | Sharon Etherson | 640 | 0:30:14 | 205 | Coventry parkrun | | | 1:01:59 | 215 | Leamington | | | 2:17:20 | 220 | Coventry | | | | | |
| 45 | Jana Damms | 633 | 0:31:07 | 198 | Coventry parkrun | | | 1:09:31 | 192 | MF Tractor | | | | | | 5:23:50 | 243 | Manchester | | |
| 46 | Cassy Leaver | 632 | 0:30:48 | 203 | Coventry parkrun | | | 1:09:39 | 190 | Kenilworth Mayday | 1:52:35 | 239 | Dunton | | | | | | | |
| 47 | Blythe Gutrin | 607 | 0:30:58 | 200 | Coventry parkrun | | | 1:08:54 | 194 | Head Torch | | | 2:23:53 | 205 | Coventry | | | | | |
| 48 | Phyllis Douglas | 605 | 0:31:32 | 192 | Coventry parkrun | | | 1:06:31 | 204 | MF Tractor | | | 2:22:21 | 209 | Leicestershire | | | | | |
| 49 | Hannah Holtbam | 595 | 0:31:12 | 195 | Coventry parkrun | | | 1:05:49 | 205 | MF Tractor | | | 2:30:28 | 195 | Coventry | | | | | |
| 50 | Frances Avall | 594 | 0:31:06 | 199 | Coventry parkrun | | | 1:05:48 | 206 | Leamington | | | 2:36:33 | 189 | Coventry | | | | | |
| 51 | Heather Betts | 566 | 0:31:34 | 191 | Newcastle parkrun | | | 1:10:27 | 187 | MF Tractor | | | 2:37:40 | 188 | Coventry | | | | | |
| 52 | Claire Bradford | 564 | 0:38:42 | 157 | Bedworth parkrun | | | 1:22:28 | 169 | MF Tractor | | | | | | 6:37:40 | 238 | London | | |
| 53 | Brenda Lee | 562 | 0:32:03 | 188 | Coventry parkrun | | | 1:10:00 | 188 | Mersey Tunnel | | | 2:41:47 | 186 | Coventry | | | | | |
| 54 | Kerrie Grayman | 561 | 0:36:20 | 165 | Coventry parkrun | | | 1:07:45 | 199 | Leamington | | | 2:28:56 | 197 | Stratford | | | | | |
| 55 | Lisa Jay | 560 | 0:34:28 | 171 | Rugby parkrun | | | 1:08:24 | 196 | Draycote Jan | | | 2:32:54 | 193 | Hampton Court | | | | | |
| 56 | Deana Barnett | 544 | 0:33:23 | 182 | Coventry parkrun | | | 1:14:27 | 177 | MF Tractor | | | 2:42:08 | 185 | Coventry | | | | | |
| 57 | Lizzie Dobson | 499 | 0:21:34 | 250 | Marshall Drive parkrun | | | 0:44:20 | 249 | Leamington | | | | | | | | | | |
| 58 | Maggie Morgan | 498 | 0:39:40 | 153 | Bedworth parkrun | | | 1:22:33 | 168 | Leamington | | | 3:05:37 | 177 | Coventry | | | | | |
| 59 | Marie O'Connor | 497 | 0:39:11 | 154 | Coventry parkrun | | | 1:29:30 | 164 | MF Tractor | | | 2:57:50 | 179 | BTR Liverpool | | | | | |
| 60 | Michaela Eyley | 492 | 0:40:25 | 151 | Southport parkrun | | | 1:26:50 | 166 | Southport Mad Dog | | | 3:17:09 | 175 | Coventry | | | | | |
| 61 | Emma Robinson | 490 | 0:25:44 | 244 | Leamington parkrun | | | | | | | | 1:50:46 | 246 | Coventry | | | | | |
| 62 | Michelle Eaton | 468 | | | | | | 0:56:13 | 231 | Leamington | | | 2:00:53 | 237 | Coventry | | | | | |
| 63 | Sarah Shaw | 458 | | | | | | | | | | | 2:19:00 | 215 | Coventry | | | | | |
| 64 | Carol Martin | 453 | 0:27:27 | 230 | Bedworth parkrun | | | | | | | | 2:16:68 | 223 | Coventry | | | | | |
| 65 | Ruth Mahon | 453 | 0:27:39 | 229 | Coventry parkrun | | | | | | | | 2:16:51 | 224 | Coventry | | | | | |
| 66 | Joanne Steacy | 447 | 0:30:04 | 207 | Kingsbury Water parkrun | | | | | | | | | | | 5:49:52 | 240 | Leam Tree | | |
| 67 | Joy Woollass | 446 | 0:27:33 | 228 | Coventry parkrun | | | | | | | | | | | | | | | |
| 68 | Kerry Jenkins | 441 | | | | | | 1:01:06 | 218 | MF Tractor | | | | | | | | | | |
| 69 | Linsey Yeomans | 438 | 0:28:48 | 216 | Coventry parkrun | | | | | | | | 2:11:40 | 220 | Stratford | | | | | |
| 70 | Clare Weston | 430 | 0:27:53 | 223 | Northampton parkrun | | | | | | | | 2:17:14 | 222 | Coventry | | | | | |
| 71 | Rachel Betts | 426 | 0:28:26 | 218 | Newcastle parkrun | | | | | | | | | | | | | | | |