

**MFRC Pace Race**  
30 December 2018

**Winners results**

|            | Number | Name             | Race Time | Predicted Time | Absolute Difference |
|------------|--------|------------------|-----------|----------------|---------------------|
| 1st Male   | 1171   | MARK COULDWELL   | 00:18:14  | 00:18:15       | 00:00:01            |
| 2nd Male   | 1179   | KELVIN ELLIOTT   | 00:46:24  | 00:46:30       | 00:00:06            |
| 3rd Male   | 1260   | KEN JONES        | 00:27:25  | 00:27:11       | 00:00:14            |
| 1st Female | 1196   | LIZ HURST        | 00:35:08  | 00:35:05       | 00:00:03            |
| 2nd Female | 1211   | CATH MIJOVIC     | 00:25:20  | 00:25:30       | 00:00:10            |
| 3rd Female | 1221   | SAMANTHA POINTON | 00:39:37  | 00:39:26       | 00:00:11            |

**Individual results**

| Position | Number | Elapsed  | Name               | Gender | Age Group | Club                     | Race Time | Predicted Time | Absolute Difference |
|----------|--------|----------|--------------------|--------|-----------|--------------------------|-----------|----------------|---------------------|
| 1        | 1171   | 00:18:14 | MARK COULDWELL     | Male   | MO35      | Charnwood AC             | 00:18:14  | 00:18:15       | 00:00:01            |
| 85       | 1196   | 00:35:08 | LIZ HURST          | Female | FO45      |                          | 00:35:08  | 00:35:05       | 00:00:03            |
| 99       | 1179   | 00:46:24 | KELVIN ELLIOTT     | Male   | MO35      | Massey Ferguson RC       | 00:46:24  | 00:46:30       | 00:00:06            |
| 21       | 1211   | 00:25:20 | CATH MIJOVIC       | Female | FO55      | Birthfield Harrier       | 00:25:20  | 00:25:30       | 00:00:10            |
| 92       | 1221   | 00:39:37 | SAMANTHA POINTON   | Female | FO45      | Massey Ferguson RC       | 00:39:37  | 00:39:26       | 00:00:11            |
| 69       | 1231   | 00:33:13 | MAUREEN SMITH      | Female | FO45      | Massey Ferguson RC       | 00:33:13  | 00:33:25       | 00:00:12            |
| 47       | 1239   | 00:28:41 | VICKY BREWIN       | Female | FO35      | Sphinx AC                | 00:28:41  | 00:28:53       | 00:00:12            |
| 37       | 1260   | 00:27:25 | KEN JONES          | Male   | MO35      |                          | 00:27:25  | 00:27:11       | 00:00:14            |
| 15       | 1194   | 00:24:21 | KEVIN HINSON       | Male   | MO55      | Massey Ferguson RC       | 00:24:21  | 00:24:45       | 00:00:24            |
| 86       | 1201   | 00:35:36 | EMMA KING          | Female | FO35      | Massey Ferguson RC       | 00:35:36  | 00:36:00       | 00:00:24            |
| 38       | 1182   | 00:27:31 | GARRY FLUDE        | Male   | MO45      | Coventry godiva harriers | 00:27:31  | 00:27:06       | 00:00:25            |
| 50       | 1178   | 00:30:20 | MICHELLE EATON     | Female | FO45      | Massey Ferguson RC       | 00:30:20  | 00:30:45       | 00:00:25            |
| 100      | 1229   | 00:46:56 | SARA SLEVIN        | Female | FO65      | Massey Ferguson RC       | 00:46:56  | 00:46:28       | 00:00:28            |
| 40       | 1224   | 00:27:43 | GARY SHARP         | Male   | MO45      |                          | 00:27:43  | 00:28:12       | 00:00:29            |
| 68       | 1222   | 00:33:02 | SUKHJIT POONI      | Male   | MO35      |                          | 00:33:02  | 00:33:33       | 00:00:31            |
| 9        | 1225   | 00:22:52 | GRAEME SHAW        | Male   | MO35      |                          | 00:22:52  | 00:23:24       | 00:00:32            |
| 5        | 1190   | 00:21:58 | IAN GOWER          | Male   | MO45      | Sphinx AC                | 00:21:58  | 00:22:30       | 00:00:32            |
| 3        | 1261   | 00:21:15 | MIKE WHEELER       | Male   | MO45      |                          | 00:21:15  | 00:21:48       | 00:00:33            |
| 73       | 1195   | 00:33:30 | NICOLA HUNT        | Female | FO35      | Massey Ferguson RC       | 00:33:30  | 00:32:57       | 00:00:33            |
| 98       | 1215   | 00:44:09 | CAL ODDY           | Female | FO65      | Massey Ferguson RC       | 00:44:09  | 00:44:45       | 00:00:36            |
| 29       | 1228   | 00:26:39 | IMRAN ALI          | Male   | MO35      | Sphinx AC                | 00:26:39  | 00:26:00       | 00:00:39            |
| 57       | 1207   | 00:31:17 | ALISON LOWE        | Female | FO55      | Massey Ferguson RC       | 00:31:17  | 00:31:57       | 00:00:40            |
| 33       | 1206   | 00:26:50 | DAVID LEWIS        | Male   | MO35      |                          | 00:26:50  | 00:27:30       | 00:00:40            |
| 7        | 1153   | 00:22:20 | BARRY ALLEN        | Male   | MO45      | Sphinx AC                | 00:22:20  | 00:23:00       | 00:00:40            |
| 70       | 1217   | 00:33:13 | MICHELLE OLDFIELD  | Female | FO45      |                          | 00:33:13  | 00:33:55       | 00:00:42            |
| 14       | 1202   | 00:24:20 | PETER KIRKHOPE     | Male   | MO45      | Northbrook AC            | 00:24:20  | 00:25:02       | 00:00:42            |
| 43       | 1218   | 00:27:56 | JAMES PADVIS       | Male   | MO45      | Massey Ferguson RC       | 00:27:56  | 00:27:13       | 00:00:43            |
| 12       | 1254   | 00:23:47 | JEREMY SMITH       | Male   | MO45      | Massey Ferguson RC       | 00:23:47  | 00:24:32       | 00:00:45            |
| 22       | 1212   | 00:25:26 | ZOE MOORE          | Female | FO35      | Massey Ferguson RC       | 00:25:26  | 00:26:12       | 00:00:46            |
| 63       | 1203   | 00:31:50 | CASEY LEAVER       | Female | FO35      | Massey Ferguson RC       | 00:31:50  | 00:31:00       | 00:00:50            |
| 16       | 1208   | 00:24:25 | SAM LOWE           | Male   | MSEN      | Massey Ferguson RC       | 00:24:25  | 00:25:15       | 00:00:50            |
| 10       | 1186   | 00:23:09 | EMMA GARNETT       | Female | FO45      |                          | 00:23:09  | 00:24:00       | 00:00:51            |
| 25       | 1167   | 00:25:53 | MICHAEL CLARKE     | Male   | MO55      | Spa Striders             | 00:25:53  | 00:25:00       | 00:00:53            |
| 6        | 1155   | 00:22:08 | HOWARD ANDERSEN    | Male   | MO55      | Coventry Godiva Harriers | 00:22:08  | 00:23:07       | 00:00:59            |
| 83       | 1205   | 00:35:02 | BRENDA LEE         | Female | FO45      | Massey Ferguson RC       | 00:35:02  | 00:34:02       | 00:01:00            |
| 74       | 1159   | 00:33:31 | RACHEL BONEHAM     | Female | FSEN      |                          | 00:33:31  | 00:32:30       | 00:01:01            |
| 27       | 1173   | 00:26:12 | WAYNE CURTIS       | Male   | MO45      |                          | 00:26:12  | 00:27:15       | 00:01:03            |
| 88       | 1175   | 00:35:51 | JANE-MARIE DAMNS   | Female | FO45      | Massey Ferguson RC       | 00:35:51  | 00:36:55       | 00:01:04            |
| 41       | 1210   | 00:27:48 | DAVID MASON        | Male   | MSEN      | Massey Ferguson RC       | 00:27:48  | 00:28:52       | 00:01:04            |
| 13       | 1219   | 00:24:04 | DAVID PETTIFER     | Male   | MO65      | Kenilworth Runners       | 00:24:04  | 00:25:12       | 00:01:08            |
| 89       | 1241   | 00:36:44 | JANE STEPHENS      | Female | FO55      | Northbrook AC            | 00:36:44  | 00:35:35       | 00:01:09            |
| 55       | 1176   | 00:31:08 | LILIAN DANIELS     | Female | FSEN      |                          | 00:31:08  | 00:32:20       | 00:01:12            |
| 46       | 1233   | 00:28:23 | LIZZIE WATTS       | Female | FSEN      | Massey Ferguson RC       | 00:28:23  | 00:29:40       | 00:01:17            |
| 2        | 1170   | 00:20:03 | ALEX COTTERILL     | Male   | MSEN      | Massey Ferguson RC       | 00:20:03  | 00:21:21       | 00:01:18            |
| 11       | 1213   | 00:23:40 | ANN MOSBY          | Female | FO35      | Sphinx AC                | 00:23:40  | 00:25:00       | 00:01:20            |
| 17       | 1184   | 00:24:27 | CHRISTOPHER FOXALL | Male   | MO45      |                          | 00:24:27  | 00:25:48       | 00:01:21            |
| 30       | 1177   | 00:26:44 | SALLY EASON        | Female | FO55      | Northbrook AC            | 00:26:44  | 00:28:05       | 00:01:21            |
| 32       | 1168   | 00:26:46 | MICHAEL COLEMAN    | Male   | MSEN      |                          | 00:26:46  | 00:28:10       | 00:01:24            |
| 75       | 1237   | 00:33:31 | LINSEY YEOMANS     | Female | FSEN      | Massey Ferguson RC       | 00:33:31  | 00:32:06       | 00:01:25            |
| 26       | 1251   | 00:25:55 | GAVIN CROCKWELL    | Male   | MO35      | Badgers                  | 00:25:55  | 00:27:20       | 00:01:25            |
| 36       | 1151   | 00:27:23 | BOB ADAMS          | Male   | MO55      | Northbrook AC            | 00:27:23  | 00:28:50       | 00:01:27            |
| 60       | 1247   | 00:31:32 | JEANNIE NOONAN     | Female | FO55      | Northbrook AC            | 00:31:32  | 00:33:00       | 00:01:28            |
| 4        | 1216   | 00:21:21 | PAUL OKEY          | Male   | MO45      | Leamington C&AC          | 00:21:21  | 00:22:50       | 00:01:29            |
| 94       | 1158   | 00:40:14 | ROSIE BILSLAND     | Female | FO35      | Massey Ferguson RC       | 00:40:14  | 00:38:45       | 00:01:29            |
| 24       | 1243   | 00:25:49 | SAM WARD           | Female | FSEN      | Sphinx AC                | 00:25:49  | 00:27:20       | 00:01:31            |
| 18       | 1232   | 00:24:29 | JOE TOWEY          | Male   | MO45      |                          | 00:24:29  | 00:26:00       | 00:01:31            |
| 78       | 1226   | 00:33:35 | SARAH SHAW         | Female | FO35      | Massey Ferguson RC       | 00:33:35  | 00:35:10       | 00:01:35            |

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**Winners results**

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|------------|--------|------------------|-----------|----------------|---------------------|
| 1st Male   | 1171   | MARK COULDWELL   | 00:18:14  | 00:18:15       | 00:00:01            |
| 2nd Male   | 1179   | KELVIN ELLIOTT   | 00:46:24  | 00:46:30       | 00:00:06            |
| 3rd Male   | 1260   | KEN JONES        | 00:27:25  | 00:27:11       | 00:00:14            |
| 1st Female | 1196   | LIZ HURST        | 00:35:08  | 00:35:05       | 00:00:03            |
| 2nd Female | 1211   | CATH MIJOVIC     | 00:25:20  | 00:25:30       | 00:00:10            |
| 3rd Female | 1221   | SAMANTHA POINTON | 00:39:37  | 00:39:26       | 00:00:11            |

**Individual results**

| Position | Number | Elapsed  | Name             | Gender | Age Group | Club                 | Race Time | Predicted Time | Absolute Difference |
|----------|--------|----------|------------------|--------|-----------|----------------------|-----------|----------------|---------------------|
| 20       | 1230   | 00:25:09 | MARTIN SMITH     | Male   | MO65      | Massey Ferguson RC   | 00:25:09  | 00:26:45       | 00:01:36            |
| 49       | 1200   | 00:29:50 | CATHY KEAY       | Female | FO45      | Massey Ferguson RC   | 00:29:50  | 00:31:27       | 00:01:37            |
| 82       | 1257   | 00:34:42 | ASHLEY HAYWARD   | Male   | MO65      |                      | 00:34:42  | 00:33:00       | 00:01:42            |
| 52       | 1255   | 00:30:45 | MATT MOORE       | Male   | MO45      | Nuneaton Tri Club    | 00:30:45  | 00:29:00       | 00:01:45            |
| 51       | 1236   | 00:30:27 | MARK WILLIAMS    | Male   | MO55      | Massey Ferguson RC   | 00:30:27  | 00:32:13       | 00:01:46            |
| 90       | 1227   | 00:36:57 | LINDA SIMMONDS   | Female | FO45      | Massey Ferguson RC   | 00:36:57  | 00:38:45       | 00:01:48            |
| 35       | 1154   | 00:27:12 | RACHAEL ALLEN    | Female | FO35      | Sphinx AC            | 00:27:12  | 00:29:00       | 00:01:48            |
| 45       | 1160   | 00:28:15 | PAUL BRUCE       | Male   | MO35      | Badgers              | 00:28:15  | 00:26:25       | 00:01:50            |
| 66       | 1253   | 00:32:45 | JACQUI HANNAN    | Female | FO55      |                      | 00:32:45  | 00:30:50       | 00:01:55            |
| 97       | 1223   | 00:44:09 | HELEN ROWE       | Female | FO55      | Massey Ferguson RC   | 00:44:09  | 00:46:15       | 00:02:06            |
| 58       | 1246   | 00:31:24 | FIONA QUINN      | Female | FSEN      | Sphinx AC            | 00:31:24  | 00:29:15       | 00:02:09            |
| 8        | 1240   | 00:22:49 | KEVIN DICK       | Male   | MO35      | Sphinx AC            | 00:22:49  | 00:25:01       | 00:02:12            |
| 76       | 1152   | 00:33:32 | DAVE ADAMS       | Male   | MO45      | Massey Ferguson RC   | 00:33:32  | 00:31:20       | 00:02:12            |
| 48       | 1183   | 00:29:29 | MARTIN FOSTER    | Male   | MO55      | Bournville Harriers  | 00:29:29  | 00:31:45       | 00:02:16            |
| 93       | 1245   | 00:40:14 | MILA BILSLAND    | Female | FSEN      |                      | 00:40:14  | 00:42:37       | 00:02:23            |
| 71       | 1209   | 00:33:21 | RUTH MAHON       | Female | FO55      | Massey Ferguson RC   | 00:33:21  | 00:35:45       | 00:02:24            |
| 34       | 1181   | 00:27:04 | GRAHAME FLANAGAN | Male   | MO45      | Massey Ferguson RC   | 00:27:04  | 00:29:30       | 00:02:26            |
| 54       | 1162   | 00:30:53 | MIKE DUGGAN      | Female | FO65      | Massey Ferguson RC   | 00:30:53  | 00:33:20       | 00:02:27            |
| 87       | 1191   | 00:35:37 | LORRAINE HARRIS  | Female | FO45      | Massey Ferguson RC   | 00:35:37  | 00:33:05       | 00:02:32            |
| 23       | 1252   | 00:25:28 | AMARJIT RANDHAWA | Male   | MO55      | Sphinx AC            | 00:25:28  | 00:28:00       | 00:02:32            |
| 62       | 1185   | 00:31:50 | WENDY FOXALL     | Female | FO45      | Massey Ferguson RC   | 00:31:50  | 00:34:22       | 00:02:32            |
| 31       | 1248   | 00:26:45 | MIKE DUGGAN      | Male   | MO65      | Northbrook AC        | 00:26:45  | 00:29:20       | 00:02:35            |
| 80       | 1242   | 00:33:42 | NAV KAUR RAI     | Female | FO35      | Northbrook AC        | 00:33:42  | 00:31:05       | 00:02:37            |
| 19       | 1214   | 00:24:47 | STEFAN MURRAY    | Male   | MSEN      |                      | 00:24:47  | 00:27:25       | 00:02:38            |
| 59       | 1161   | 00:31:30 | LES CARTER       | Male   | MO55      | coventry triathletes | 00:31:30  | 00:28:52       | 00:02:38            |
| 56       | 1234   | 00:31:15 | DAWN WEBB        | Male   | MO35      | Northbrook AC        | 00:31:15  | 00:33:57       | 00:02:42            |
| 84       | 1259   | 00:35:04 | SHEILA JOHNSON   | Female | FO55      | Massey Ferguson RC   | 00:35:04  | 00:37:47       | 00:02:43            |
| 28       | 1249   | 00:26:13 | KIM MARLNEY      | Female | FO45      |                      | 00:26:13  | 00:29:00       | 00:02:47            |
| 81       | 1187   | 00:33:59 | NICOLA GLAZE     | Female | FO45      | Massey Ferguson RC   | 00:33:59  | 00:31:12       | 00:02:47            |
| 39       | 1250   | 00:27:36 | TREVOR BINCH     | Male   | MO45      |                      | 00:27:36  | 00:30:38       | 00:03:02            |
| 44       | 1188   | 00:28:05 | STEVE GLAZE      | Male   | MO45      |                      | 00:28:05  | 00:25:00       | 00:03:05            |
| 64       | 1172   | 00:32:18 | VERITY CRICHTON  | Female | FO35      | Northbrook AC        | 00:32:18  | 00:35:30       | 00:03:12            |
| 77       | 1244   | 00:33:33 | TRACEY WILLIAMS  | Female | FO45      | Northbrook AC        | 00:33:33  | 00:29:50       | 00:03:43            |
| 42       | 1256   | 00:27:50 | JUSTIN FARRIER   | Male   | MO35      | Nuneaton Tri Club    | 00:27:50  | 00:24:00       | 00:03:50            |
| 53       | 1258   | 00:30:49 | DAVID JOHNSON    | Male   | MO65      | Massey Ferguson RC   | 00:30:49  | 00:35:00       | 00:04:11            |
| 65       | 1193   | 00:32:25 | JOHANNA HAYES    | Female | FSEN      | Massey Ferguson RC   | 00:32:25  | 00:37:00       | 00:04:35            |
| 95       | 1235   | 00:41:59 | CAROL WILLIAMS   | Female | FO55      | Massey Ferguson RC   | 00:41:59  | 00:37:19       | 00:04:40            |
| 79       | 1238   | 00:33:41 | PIA AINGH        | Female | FO35      | Northbrook AC        | 00:33:41  | 00:28:53       | 00:04:48            |
| 96       | 1174   | 00:42:02 | EMMA CUTTING     | Female | FO45      | Massey Ferguson RC   | 00:42:02  | 00:36:54       | 00:05:08            |
| 72       | 1157   | 00:33:29 | FIONA BALL       | Female | FO45      | Massey Ferguson RC   | 00:33:29  | 00:38:43       | 00:05:14            |
| 67       | 1204   | 00:32:51 | HANNAH LEE       | Female | FSEN      |                      | 00:32:51  | 00:39:30       | 00:06:39            |
| 91       | 1220   | 00:37:08 | JO PINCHES       | Female | FO35      | Massey Ferguson RC   | 00:37:08  | 00:44:18       | 00:07:10            |
| 61       | 1166   | 00:31:40 | JODIE CHARLEY    | Female | FO35      | Sphinx AC            | 00:31:40  | 00:45:00       | 00:13:20            |